

Curriculum Vitae

Name: Dr Gulbahar Singh Sidhu

Date of Birth: March 23, 1972

Age: 48 years

Official Address: Department of Psychiatry, Doaba Hospital, Lajpat Nagar, Jalandhar (Punjab), 144001

Contact Number: 9814389122

Email: gulbaharsidhu@rediffmail.com

QUALIFICATIONS:

M.B.B.S. from Government Medical College, Patiala (Punjab), 1991-1996.

M.D. (Psychiatry) from Dayanand Medical College, Ludhiana (Punjab), 1999-2001.

WORK EXPERIENCE:

Senior Resident in the Department of Psychiatry, Dayanand Medical College, Ludhiana for one year (January 2002 to December 2002)

Working as Consultant Psychiatrist at Doaba Hospital, Jalandhar (Punjab) since February 2003 till date.

Psychiatrist Incharge of Lifecare Drug Treatment and Rehabilitation Centre, VPO Tajpur, District Jalandhar (Punjab) since January 2005 till date.

MEMBERSHIPS:

Life member and Life Fellow, Indian Psychiatric Society.

Life member and Life Fellow, Indian Psychiatric Society – North Zone.

Life member, Indian Psychiatric Society (Punjab and Chandigarh Branch)

Life Member, Indian Association of Private Psychiatrists

Member, International Association of Neuroethics.

OFFICIAL POSITIONS HELD IN ACADEMIC BODIES

Honorary Treasurer, Indian Association of Private Psychiatrists (Punjab and Chandigarh Branch)

Member of the Executive Council, Indian Psychiatric Society – North Zone

Member of the Executive Council, Indian Psychiatric Society (Punjab and Chandigarh Branch).

CONFERENCE PRESENTATIONS

- Delivered Guest Lecture at the Annual Conference of the Punjab and Chandigarh Branch of the Indian Psychiatric Society 2019, held at Jalandhar (Punjab) on the topic “How to manage Break-ups”
- Delivered Guest Lecture at the Annual PG Development Program of the Punjab and Chandigarh Branch of the Indian Psychiatric

Society 2019 held at Jalandhar (Punjab) on the topic “Techno-savvy Old Age”

- Made an oral presentation at the Annual Conference of the International Forum on Mood And Anxiety Disorders held at Vienna (Austria) from July 4 to 6, 2019 on the topic “Poetry and Depression”
- Made three poster presentations at the 5th Annual Scientific Conference of the European Association of Psychosomatic Medicine – EAPM (June 28 to July 1, 2017) held at Barcelona (Spain).
- Presented poster at the 31st CINP World Congress held at Vienna (Austria) from June 16 to 19, 2018.
- Made poster presentation at the International Congress of the Royal College of Psychiatrists held at London (U.K.) from June 26 to 29, 2017.
- Made a virtual presentation at the 7th Asian Symposium on Healthcare Without Borders on March 28-29, 2020 scheduled at Osaka (Japan).
- Made a virtual presentation at the 14th International Conference on Alzheimer’s Disease and Dementia scheduled to be held at Prague (Czech Republic) from June 22 to 23, 2020.
- Presented a research paper at the Annual National Conference of the Indian Psychiatric Society held at Pune from January 9 to 12, 2001.
- Presented a research paper at the Annual National Conference of the Indian Psychiatric Society held at Hyderabad from January 8 to 11, 2015.
- Presented a research paper at the Annual Conference of the Indian Psychiatric Society – North Zone held at Chandigarh from October 18 to 19, 2008.

- Made an oral presentation at the Annual Conference of the Indian Psychiatric Society held at Bhopal from January 21 to 24, 2016.
 - Made an oral presentation at the Annual Conference of the Indian Psychiatric Society held at Agra from January 8 to 1, 2009.
 - Made a poster presentation at the Annual National Conference of the Indian Association of Biological Psychiatry held at Chandigarh from August 19 to 20, 2017.
 - Presented a symposium at the XXI Annual Meeting of the International Society of Addiction Medicine held at New Delhi from November 13 to 16, 2019.
 - Presented a symposium at the Annual National Conference of the Indian Association of Social Psychiatry held at Bhubaneswar (Odisha) from November 29 to December 1, 2019.
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- Made an oral presentation at the Annual Conference 2017 of the Indian Association of Private Psychiatry on the theme “Sex and Psychiatry” held at Ludhiana from October 28 to 29, 2017.
 - Presented a symposium at the Annual Conference of the IPS – North Zone on the topic “The mental trauma of the people of Kashmir as seen through the eyes of Indian Cinema” held at Srinagar from to 2016.
 - Presented a symposium at the Annual Conference of the IPS – North Zone on the topic “The Nature and Extent of Media Coverage of Addiction”, held at Amritsar from November 2 to 3 2019.
 - Presented a symposium at the Annual Conference of the IPS – North Zone on the topic “The Smartphone and the Relationships in Adolescents”, held at New Delhi in October, 2017.

- Presented a symposium at the Annual Conference of the IPS held at Lucknow from January 31 to February 3, 2019.
- Presented a symposium at the Annual Conference of the Indian Society of Child and Adolescent Psychiatry held at Chandigarh from November 8 to 10, 2019.

PUBLICATIONS:

1. Singh Sidhu G, Gul D (2015). A unique case of addiction to Trifluoperazine in a non-psychotic patient. *European Psychiatry*, 30(S 1), 1-1.
2. Singh Sidhu G, Gul D (2019). The hidden nuances of addiction. *Indian Journal of Psychiatry*, January 2019, 61(Suppl 3), S390-S439.